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H1.

2.2. Optimism and insecurity-mental health relationship

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H2.

2.3. Attribution style and insecurity-mental health relationship

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Table 3

	1		1	
	-0.11	-0.10	-0.11*	-0.10
	0.0	0.0	0.0	0.0
	-0.0	-0.0	0.10	0.10
	-0.1**	-0.1**	-0.1**	-0.1**
	-0.0	-0.0	0.00	0.0
			0.1**	0.1**
R		0.1**		0.1*

5. Discussion

($\Delta R = 0.6$),
 ($\beta = 0.1, p < 0.01, \Delta R = 0.0$),
 ($\beta = 0.1, p < 0.0, \Delta R = 0.01$),
 (0.11),
 (0.01),
 (0.1),
 (0.110),
 (0.00),
 (0.01, 0.10),
 (0.00),
 (0.01),
 (0.00)

general insecurity,
 (0.10).

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5.1. Limitations

5.2. Implications

