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Behavioral Inhibition, Parental Trait Anxiety and Behavioral Problems in Preschool Children

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Abstract Objective: The present study aimed to examine the effects of behavioral inhibition and parental trait anxiety on the behavioral problems in preschool children. Methods: One hundred and seventy-four parents of children aged 4-7 reported their trait anxiety, their child's behavioral inhibition and behavioral problems. Results: Parental trait anxiety was positively correlated with their children's behavioral inhibition; Behavioral inhibition positively predicted emotional problem and peer problem and negatively predicted their pro-social behaviors in preschool children; Parental trait anxiety had a significantly predictive effect on emotional problem of preschool children; Behavioral inhibition partly mediated the association between parental trait anxiety and emotional problem of preschool children. Conclusion: Behavioral inhibition is a significant risk factor for internalized behavioral problems and a mediator in the association between parental trait anxiety and emotional problem in preschool children.

Key words Behavioral inhibition; Parental trait anxiety; Behavioral problems of preschool children

1980

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Loomans

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		(n=95)	(n=78)
$t(171)=1.99$ $P=0.049$	$t(170)=1.98$	4.33 (2.03)	3.68 (2.24)
$P=0.049$	$t(171)=2.07$ $P=0.040$	1.98 (1.56)	2.64 (2.04)
	$t(171)=-$	1.58 (1.35)	1.18 (1.24)
2.42 $P=0.017$		2.37 (1.58)	1.87 (1.57)
$t(170)=-$ 3.55 $P=0.001$		6.78 (2.24)	7.92 (1.95)
			t
			1.99*
			- 2.42*
			1.98*
			2.07*
			- 3.55**

($r=-$ 0.20 $P=0.008$)

2.2

($r=-$ 0.24 $P=0.002$)
 ($r=-$ 0.18 $P=0.018$)
 0.21 $P=0.006$
 ($r=-$ 0.21 $P=0.006$)
 0.26 $P=0.001$
 ($r=-$ 0.23 $P=0.008$)

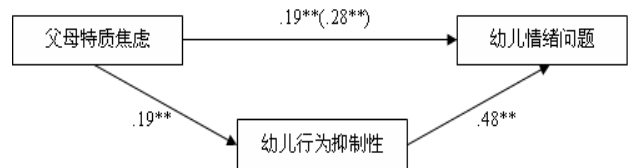
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	2								
	M	SD	1	2	3	4	5	6	7
1.	101.96	22.35	1						
2.	38.80	8.50	0.19*	1					
3.	4.03	2.14	0.00	0.08	1				
4.	2.27	1.82	0.47**	0.28**	0.13	1			
5.	1.39	1.32	0.15	0.03	0.29**	0.22**	1		
6.	2.14	1.58	0.35**	0.10	0.14	0.33**	0.31**	1	
7.	7.30	2.18	-0.39**	-0.13	-0.20**	-0.01	-0.25**	-0.26**	1

2.3

$=0.28$ $=0.19$ ($P<0.01$)

(1)
32.14%



($=0.48$ $P<0.01$)
 ($=0.31$ $P<0.01$)
 0.01)

1

3

($=0.28$ $P<0.01$)

3.1

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($=0.28$ $P<0.01$)

($=0.44$ $P<0.01$)

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Kagan,

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